

Kutki 50mg + Sarpankha 50mg + Daruhaldi 50mg + Kalmegh 50mg + Punanarva 50mg + Bhringraj 50mg + Indrayanjad 50mg + Mulethi 50mg + Harad 50mg + Amla 50mg

Livstyle Liver capsule

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Herbal Capsule: Information Guide

Description

This herbal formulation combines 10 potent Ayurvedic herbs, each with unique properties to support overall health and well-being. The combination of Kutki, Sarpankha, Daruhaldi, Kalmegh, Punanarva, Bhringraj, Indrayanjad, Mulethi, Harad, and Amla offers a holistic approach to promote liver function, detoxification, immunity, digestive health, and vitality.

Composition (per capsule)

- **Kutki (Picrorhiza kurroa): 50mg**
 - **Sarpankha (Tephrosia villosa): 50mg**
 - **Daruhaldi (Berberis aristata): 50mg**
 - **Kalmegh (Andrographis paniculata): 50mg**
 - **Punanarva (Boerhavia diffusa): 50mg**
 - **Bhringraj (Eclipta alba): 50mg**
 - **Indrayanjad (Citrullus colocynthis): 50mg**
 - **Mulethi (Glycyrrhiza glabra): 50mg**
 - **Harad (Terminalia chebula): 50mg**
 - **Amla (Emblica officinalis): 50mg**
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Mechanism of Action

- **Kutki:** Known for its liver-protective and detoxifying properties, Kutki helps

in improving digestion, reducing inflammation, and supporting liver function.

- **Sarpankha:** Traditionally used for its ability to support the cardiovascular system, reduce inflammation, and promote detoxification.
- **Daruhaldi:** Acts as an anti-inflammatory, antioxidant, and antimicrobial agent, promoting liver health and digestive support.
- **Kalmegh:** Known for its immune-boosting and anti-inflammatory effects, Kalmegh also supports liver health and acts as an antioxidant.
- **Punanarva:** Supports kidney function and helps in detoxification by promoting the elimination of excess fluids and waste products.
- **Bhringraj:** Known as a liver tonic, Bhringraj also promotes hair health, reduces stress, and supports detoxification.
- **Indrayanjad:** Traditionally used as a laxative and detoxifying agent, it helps to promote bowel health and digestion.
- **Mulethi:** Known for its anti-inflammatory, anti-ulcer, and antimicrobial properties, Mulethi helps soothe the digestive tract and supports respiratory health.
- **Harad:** Known for its digestive, detoxifying, and rejuvenating properties, Harad supports the digestive system and overall vitality.
- **Amla:** A powerful antioxidant, Amla supports immunity, promotes healthy digestion, and helps detoxify the body.

Indications

This herbal formulation is beneficial for:

- **Liver Health:** Supports liver function, detoxifies the liver, and promotes overall detoxification.
 - **Digestive Support:** Improves digestion, relieves constipation, and promotes gut health.
 - **Immune Boosting:** Enhances immunity and helps the body fight infections.
 - **Anti-inflammatory:** Helps reduce inflammation in the body, particularly in the digestive system.
 - **Antioxidant Protection:** Offers protection from oxidative stress and promotes overall vitality.
 - **Kidney Health:** Supports kidney function and aids in detoxification and fluid balance.
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Dosage and Administration

- **Adults:**
 - Take 1 capsule 1–2 times per day, preferably after meals or as directed by your healthcare provider.
- **Children (under 12 years):**
 - Consult a healthcare professional for appropriate dosage.

Administration:

- Swallow the capsule whole with water.
 - Do not exceed the recommended dosage unless advised by a healthcare provider.
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Contraindications

- Hypersensitivity or allergy to any of the ingredients.
- Pregnant or breastfeeding women should consult a healthcare provider before use.

- Individuals with severe liver or kidney conditions should use under medical supervision.
 - Not recommended for use in children under 2 years without professional guidance.
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Warnings and Precautions

- **Pregnancy and Lactation:** Use during pregnancy or breastfeeding should be under the guidance of a healthcare provider.
 - **Chronic Health Conditions:** Individuals with chronic liver, kidney, or heart conditions should consult a doctor before use.
 - **Allergic Reactions:** If you experience any allergic reactions, such as rash, swelling, or difficulty breathing, discontinue use immediately and seek medical help.
 - **Interaction with Medications:** Consult your doctor if you are on any prescription medications or undergoing treatment for any chronic conditions.
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Adverse Effects

- Generally well tolerated when taken as directed.
- Mild side effects may include digestive discomfort, such as bloating or mild stomach upset.
- **Rare:** Allergic reactions (rash, itching, difficulty breathing) or gastrointestinal issues.

If you experience any severe or unusual symptoms, discontinue use and consult your healthcare provider.

Storage

- **Store in a cool, dry place away from direct sunlight.**
 - **Keep the bottle tightly closed and out of reach of children.**
 - **Do not use the product after the expiration date.**
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Key Points

- **This herbal capsule is a comprehensive formulation for promoting liver health, digestion, immunity, and detoxification.**
 - **Follow the prescribed dosage for best results.**
 - **Consult with a healthcare provider if you have any underlying medical conditions or are pregnant or breastfeeding.**
 - **Always use high-quality herbal products from trusted sources to ensure efficacy and safety.**
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Note: This product is intended as a dietary supplement and should be used as part of a balanced diet and healthy lifestyle. If you have any concerns or experience side effects, consult your healthcare provider immediately.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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